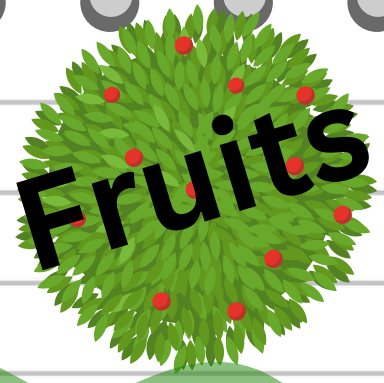
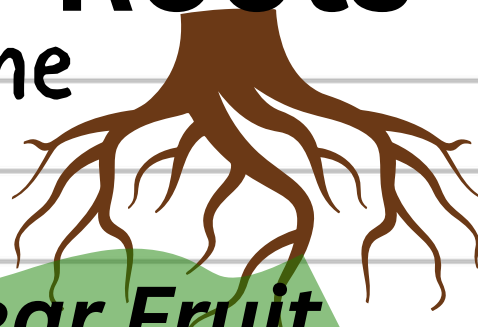


Week Ending
31st January
2025



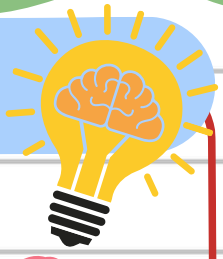
Fruits from the

Roots



Grow Strong and Bear Fruit

This Week's Idea!



This Half Term's Bible Verse:



By understanding and helping others we make ourselves happy too!



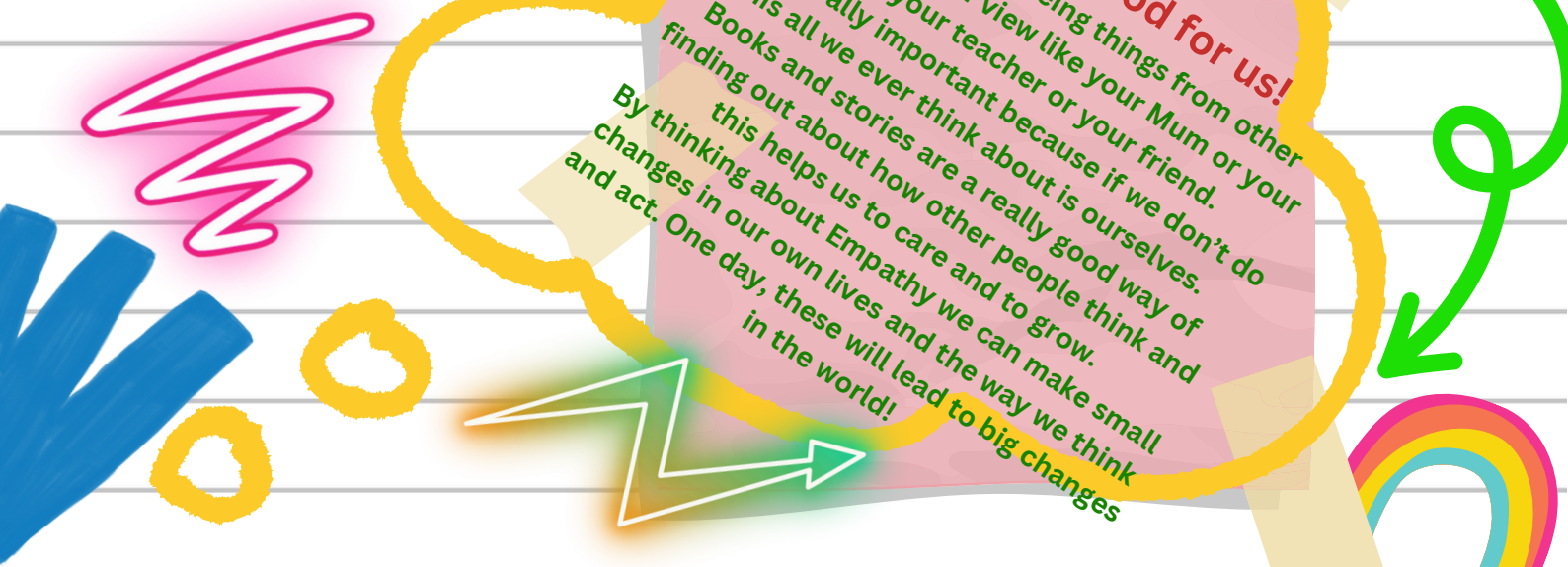
"Be like-minded, be sympathetic, love one another, be compassionate and humble."

1 Peter 3:8-12

Let's Ponder...

Empathy is good for us!

Empathy means seeing things from other people's point of view like your Mum or your Dad or your teacher or your friend. This is really important because if we don't do this all we ever think about is ourselves. Books and stories are a really good way of finding out about how other people think and this helps us to care and to grow. By thinking about Empathy we can make small changes in our own lives and the way we think and act. One day, these will lead to big changes in the world!



This Week's Prayer...



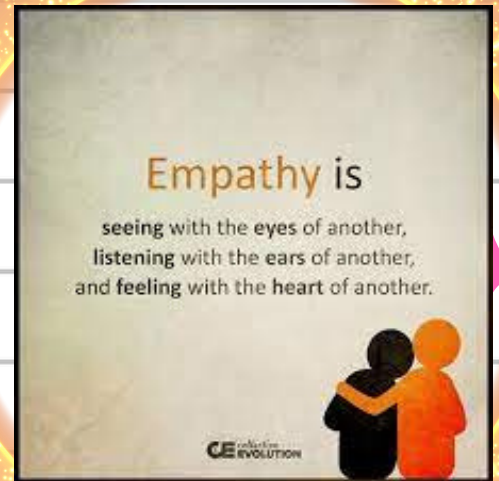
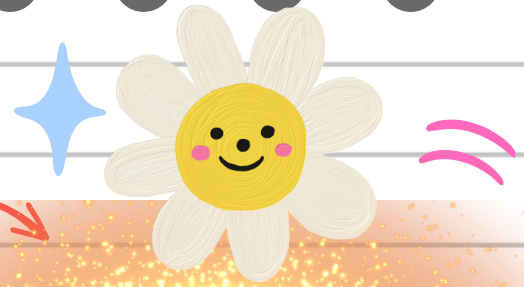
Dear God,

Thank you for the caring hearts that You have given our children.

Please pour Your love into them, filling them with kindness and understanding, empathy and acceptance.

Help us to be kind through my words, actions and attitude. Please show us if someone needs us to be extra kind to them today.

AMEN!



This is a good way of understanding what 'Empathy' is.

VIP

VALUES IN PRACTICE

Things you can do at home this week:

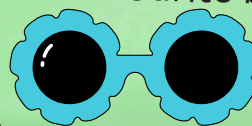
AT HOME

Empathy Glasses



Make some empathy glasses! Think about your favourite book characters!

What is it that you remember about them?



If you met that character what would you chat about? What would they say to you?

How would they behave?

With your amazing empathy glasses on, IMAGINE what its like to be them and experience the world the way they do.

