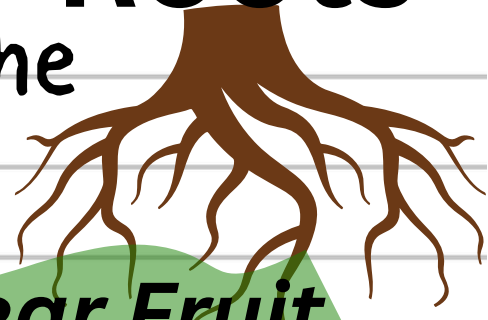




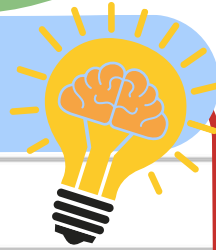
Fruits from the

Roots



Grow Strong and Bear Fruit

This Week's Idea!



This Half Term's Bible Verse:



By working together we can find strength.



"Be like-minded, be sympathetic, love one another, be compassionate and humble."

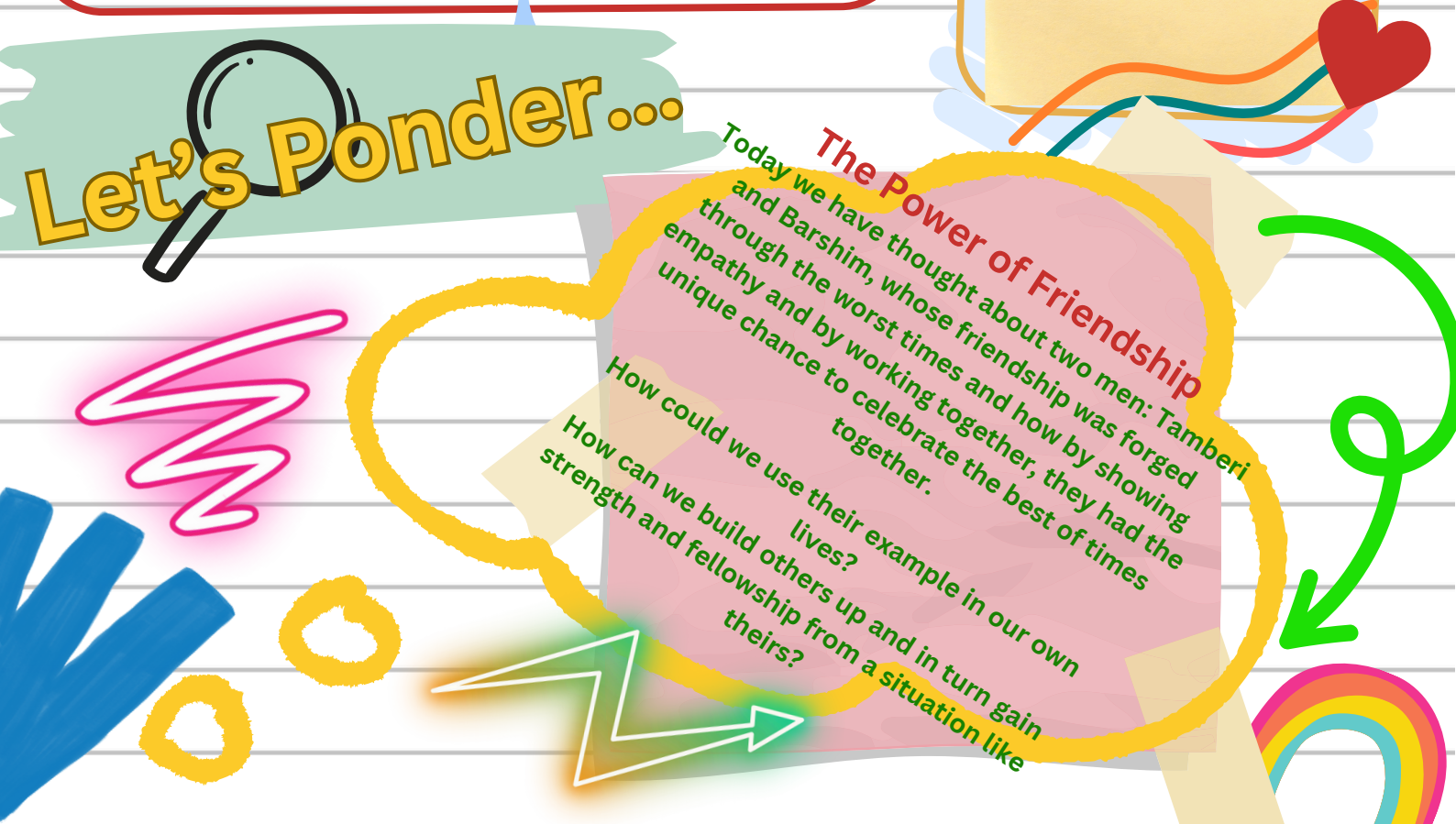
1 Peter 3:8-12

Let's Ponder...

The Power of Friendship

Today we have thought about two men: Tambari and Barshim, whose friendship was forged through the worst times and how by showing empathy and by working together, they had the unique chance to celebrate the best of times together.

How could we use their example in our own lives?
How can we build others up and in turn gain strength and fellowship from a situation like theirs?



This Week's Prayer...



Dear God,
We come together today, united in friendship and love. Just like Tamberi and Barshim, who shared their joy and support for one another at the Olympics, help us to show kindness and empathy to our friends and those around us.

Help us to:

- Celebrate each other's successes, just as Tamberi and Barshim did, knowing that together we can achieve great things.
- Offer a helping hand when someone is struggling, remembering that we are all part of your family and should care for one another.
- Listen with open hearts and minds, understanding the feelings of others and showing compassion in our words and actions.
- Build a strong community where everyone feels valued and loved, just like the strong bond of friendship shared by the two athletes.

Thank you for the gift of friendship and the strength we find in each other. May we always strive to live out Koinonia, loving one another as you love us.

AMEN!



Tamberi and Barshim share gold at Tokyo Olympics 2021

VIP

VALUES IN PRACTICE

AT HOME

Things you can do at home this week:

Paper Chain of Kindness

CHOOSE kindness

Make a list of ways we can display acts of kindness to people throughout our day e.g.: smile, open a door for someone, share, give your time, make cakes, give a compliment, offer to help, play a game, offer friendship, give a gift, support a charity, help the vulnerable etc.

When you have made a list transfer each suggested act of kindness onto a strip of paper. Make a paper chain out of the strips of paper and display them as a prompt for others to carry out small acts of kindness.

It's Cool To be Kind

I am kind

