

## # Grow Strong and Bear Fruit

## This Week's Idea!

Looking after the seeds of our hearts and minds.

> The Parable of the Sower

## This Week's Bible verse:

"Some fell on good earth, and produced a harvest beyond his wildest dreams."

> The Sower Matt 13:8, The Message

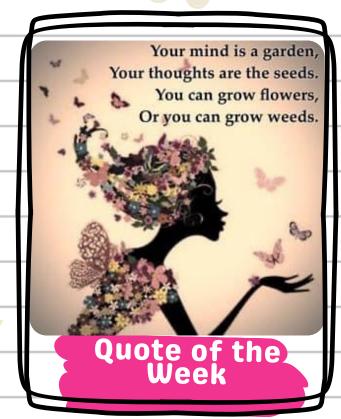


- What sorts of things do the seeds of our minds represent?
- Have a think about the Bible verse and The Parable of the Sower.
- What kind of things can we do to look after the seeds in our hearts and our minds?
- What can you do to help with the worries and
- How can God help?

## This Week's \ Prayer...

Dear God,

We are all sowers, we pray that
the seeds that we plant in
ourselves and in others grow
strong and true. Seeds such as
honesty, forgiveness,
compassion, integrity and love.
Help us to cope with the
distractions and worries that at
times prevents those seeds
from thriving.
Amen







Things you can do at home this week:

 You could plant the seeds you have been given at home.

You will need: seeds. soil and water

 You could make a poster retelling the Parable of the Sower.

You will need: pencils. crayons or felt tips and paper.

Make some seed bombs
 Watch the YouTube video to see how to make seed bombs.

https://www.youtube.com/watch? v=N3tbZguBzG8&feature=youtu.be







