

ACE Worship WB 30th January



This is where you will find information about our weekly Christian worship.

This half term we are thinking about the value of **perseverance**.

The following are ideas for activities and reflection.

Why should we persevere?

Very little that is really worthwhile in life can be achieved without perseverance. An athlete may train for years before they are ready to compete at the highest level. A musician must practice every day, sometimes for hours at a time, if they are to really master their instrument.



Talk together...

- How would each family member rate themselves on a scale of 1 - 10 at perseverance?
- Can you give an example of something you have achieved by determined perseverance?
- Is there a skill that you think you could improve with perseverance?

Jeremiah Perseveres

Read the story of Jeremiah.

What can we learn from this story about **perseverance** and determination in our own lives?

Is there something that you need **perseverance** and determination to attempt?



A Meditation

Listen to a quiet piece of music and think about these questions:
What are you going to do next time you find it hard to speak up for what is right?
What are you going to do next time someone tries to stop you doing the right thing?

Fruits from the Roots

At home, can you create a **perseverance** display?

Using a washing line and some clothes-shaped cards can you write on the card, "I **persevered** and did the right thing when..."