

ACE Worship WB 6th February



This is where you will find information about our weekly Christian worship.

This half term we are thinking about the value of **perseverance**.

The following are ideas for activities and reflection.

Fascinating Facts

Perseverance in the Natural World

Many birds show remarkable perseverance as they build their nests, piece by piece often in cold, wet and windy weather and at risk from predators. The long-tailed tit is just one example. Weighing just 9g, this little bird takes 3 weeks or more to build a nest. The oval shaped nest is made from moss, cobwebs and hair, covered on the outside with lichen and lined with up to 2000 tiny feathers!



Remember Mr Never-give-up!

If you can't go **OVER** it
and you can't go
UNDER it then, you
must go **THROUGH** it!



Reflecting

- Have you ever needed **perseverance** and courage to meet a challenge? Perhaps you tried something new like Griff did, even though you would have preferred to have stayed at home.
- Is there a challenge you are facing now that is new and a bit scary? Perhaps like Griff at the start of the story, you might be wondering how you will manage it.

Fruits from the Roots

Design A Challenge

Can you design and then build a Challenge Assault Course for someone else?

You might include hoops, benches and bars in your design.

This will help them to understand the concept of **Perseverance** and the need to meet a challenge and keep going.

The Perseverance Prayer

Lord Jesus,
When I feel worried about facing a new challenge, help me to persevere.
When the going gets tough, help me to persevere.
When I feel like giving up, help me to persevere.
Amen