

Available Daily

Fresh Salad
Sandwich Selection

Baked Jacket Potatoes
Jugs of Water
Yoghurts

Freshly Prepared Fruit

TRAFFORD SCHOOL LUNCH MENU



WEEK 1

WEEK 2

WEEK 3

WEEK 4

Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Whirl Vegetable stir Fry Savoury Rice, Baked Beans & Peas Raspberry Ripple Ice Cream	Chilli con carne Spaghetti Napolitana Garlic Bread, Rice, Green Beans Anzac Biscuit	Roast Chicken / Quorn Roast Roast Potatoes, Carrots, Broccoli Light & Fluffy Whip	Turkey Meatballs in Tom Sauce Quorn Burger Sautéed Potatoes, Sweetcorn Chocolate Cake & Custard	Chicken & Sweetcorn Pie Cod Omega 3 Diced Potatoes, Peas Bread
Pizza Whirl Vegetable Samosa New potatoes, Sweetcorn, Peppers Strawberry Ice Cream	Pork Sausages/Halal Chicken Sausages Omelette Creamed Potatoes, Baked Beans, Peas Chocolate Crispies	Roast Turkey/ Tomato & Cheese Pasta Roast Potatoes, Carrots, Peas Flapjack	Chicken Tikka Curry Chickpea Tikka Curry Rice, Naan Bread, Mixed Vegetables Lemon Drizzle Cake	Breaded Pollock Fillet Vegetince Bolognaise Chips, Pasta, Mushy Peas, Carrots Orange Cookies
Macaroni Cheese Tomato & Basil Pasta Jlt Pot, crusty Bread, Green Beans Mango & Orange Smoothie	Battered Chicken Steak Halal Chicken Sausages SavouryRice, Pita Bread, pea, Sweetcorn Apple Crumble & Custard	Roast Gammon& Yorkshire Pudding Cheese & Vegetable Quiche Roast Potatoes, Carrots, Broccoli Blueberry Muffins	Chicken & Vegetable Stir Fry Tuna Whirl Noodles, Jkts, Green Beans, Sweetcorn Fruity Chocolate Traybake	Omega 3 Fish Fingers Sweet Potato & Spinach Curry Chips, Rice, Peas, Carrots Ginger Cookies
Cheese Whirl Tom + Basil Pasta Chips, peas, Crusty Bread Mango & Orange Smoothie	Beefburger on a bun Quorn Burger on a bun Diced pots, Baked beans, Sweetcorn Fruit in Jelly	Gammon Steak with Pineapple/Halal Roast Chicken Roast Quorn Joint New Potatoes, Sweetcorn Apple Sponge & Custard	BBQ Chicken Cheesy Corn & Broccoli Parcels Vegetable Rice, Diced Carrots, Broccoli Chocolate Shortbread	White Fish in Sweet Chilli Sauce Tomato Pasta Rice, Green Beans Banana & Sultana Loaf

