



**Trafford Carers Centre and the Young Carers team are still up and running through the lockdown.**

### 1. Making A Referral

A Young carer is someone aged 5-25 who is helping to look after someone in Trafford with a long term health condition.

Referrals can be made by anyone: a professional, a family member or the young person if they are aged 14 or above, via:

 [youngcarers@traffordcarerscentre.org.uk](mailto:youngcarers@traffordcarerscentre.org.uk)

 <https://www.traffordcarerscentre.org.uk/youngcarers/referral/>

 0161 848 2400, option 1 [Helpline]

### 2. Carers Assessments

Once we have received your referral, we will carry out an Initial Call to identify any urgent support needs.

We will complete a Carers Assessment where we are can [for our very young carers, we would prefer to wait and do this face to face].

### 3. Support & Activities

Online Group Activities		Funding
Referrals & Signposting		Benefit Advice
Emergency Card Scheme		Information & Helpline

Charity Number: 1102075  
Company Ltd by Guarantee: 4695523

