



ACE Pupil Anti-Bullying Policy



Altrincham CE Primary School believes that everyone has the right to learn in a safe and happy environment; this means being free from all forms of bullying behaviour. Our school is a place where everybody is equal and where we show respect and kindness towards each other.

What is Bullying?

Bullying happens: **S**everal **T**imes **O**n **P**urpose

In our school, bullying is hurting or frightening someone, more than once, on purpose. This may be through the use of behaviour or words. Bullying can be done by one person, or by a group of people and equally can be towards one person or a group of people.

Bullying can be...

- Hurting people's feelings and ignoring them on purpose.
- Punching, kicking, spitting, hitting, pushing or saying you are going to do these things.
- Calling people names, teasing them, using rude words, saying nasty things about someone to them or to other people.
- Stealing or damaging someone else's belongings.
- Writing and sending unkind letters, notes or graffiti.
- Sending hurtful or unkind texts, emails or online messages to someone or about someone.

Bullying can be about...

- Where people are from, their race or ethnicity. (Racist Bullying)



- Religion or beliefs.
- Family and culture.
- Special Educational Needs or Disability.
- Being a boy or a girl. (Sexist Bullying)
- What someone looks like.
- Where someone lives.



What if I am being bullied?

Although bullying doesn't happen very much at this school, it might happen. We take bullying very seriously and always listen. Telling an adult will never make the bullying worse. We will work with children who have bullied to change their behaviour.

You can:

- Talk to a grown up you trust in school – this might be your teacher, a teaching assistant, a lunch time organiser, someone who works in the office, the care taker or the Head Teacher.
- Tell your friends, a play leader or a member of student council, they will listen to you and tell a grown-up, who will be able to help.
- Tell a grown-up at home.
- Write a note and put it in the worry/prayer box in the entrance area.
- Call Child Line at any time for free on 0800 1111. They will listen and help you in confidence.



Together we can **STOP** it.